

Welcome to 4-H!

What is 4-H?

4-H is a community of young people young across America who are learning leadership, citizenship and life skills.

The 4-H Pledge.

H PLEDGE

I pledge my **HEAD** to clearer thinking,

my **HEART** to greater loyalty,

my HANDS to larger service.

and my **HEALTH** to better living.

for my club, my community, my country, and my world.



The 4-16 motto

TO MAKE
THE BEST
BETTER **

The 4-H Slogan



4-H Definitions

4-th Club

A 4-H Club is a group that meets monthly, participates in contests and activities.

4-H Projects

4-H Projects are programs that youth participate in outside of your inschool club meetings. These are typically a special interest club.

4-H Portfolios

4-H portfolios are digital records of events and activities that you have completed within your project area. 4-H portfolios include photos, a written narrative or resume about you. This information is put together within a WIX website.

If you are in 6th-8th grade you can use a portfolio to attend 4-H Academic Conference and compete in 4-H project showcase.

If you are in 9th-12th grade, you can use a portfolio to attend 4-H Congress, 4-H Round Up, and compete for prizes and scholarships. Students in 11th-12th grade have the opportunity to receive college credit through UT Knoxville in certain project areas.

4-H Judging Teams

4-H judging teams are educational contests that happen throughout the year. 4-Hers that are interested in participating in judging teams can attend practice and then compete in regional, state, and national contests.

Judging teams include Forestry, Wildlife, Horse, Livestock, Poultry, Land, Grill masters, FCS Skillathon, Consumer Decision Making, Horse Bowl, Hippology, and Meats Judging.

4-H Definitions

4-H Honor Club

4-H Honor Club is a group of students who have excelled in 4-H. These 4-Hers have gone above and beyond the 4-H classroom activities. 4-H Honor Club meet at least once a month and complete service projects, assist with county-wide events, and participate in fun events.

4-H All Stars

4-H All Starts is the 2nd level of recognition from Honor Club. These students are in 9th–12th grade. They are invited to attend regional leadership retreats in the fall and spring each year and are the opportunity to attend 4-H Round Up. A 4-Her who is active through their Junior and Senior year can also achieve Tennessee 4-H's highest recognition, Vol State.

4-H Congress

4–H Congress is an event for 9th and 10th graders. Students have the opportunity to learn about government and participate in legislative visits, tour the State Capital, and participate in mock sessions. This event is always in March. Students in 11th and 12th grade can earn a spot to attend by competing in the leadership or citizenship portfolio competition or winning the regional public speaking competition.

4-H Round Up

4-H Round Up is a week-long event that rotates between UT Martin and UT Knoxville. Students in the 9th-12th grade can attend Round Up as completing delegate or as an All Star attendee. If you are a competing delegate, you have the opportunity to submit a portfolio to compete for scholarship and awards.

9th-10th graders - Level 1 Competition 11th-12th graders - Level 2 Competition and a chance to attend National 4-H Congress

Level 2 participants can earn course credits for UT Knoxville in several project ares without winning the state competion.

4-H Definitions

4-H Academic Conference

4-Hers in 6th-8th grade can submit portfolio forms in their chosen project areas for an opportunity to attend UT Academic Conference on the Knoxville campus. This is a great opportunity to see life as a college student and participate in educational sessions with sessions with professors and specialists.

4-th Camps

Summer camps are the highlight of a 4-Her's summer. 4-Hers in the 4th-12th grade can attend various 4-H camps and other specialty camps over the summer. Page 10 discusses all camping opportunities available for youth!

4-H Livestock and House Shows

4-H hosts regional and state livestock and horse shows. If you are interested in showing animals, this is a great opportunity for you to get involved.

County Judging & Contest Advancement

Project Showcase

All 4-Her's will have the opportunity to demonstrate something they have learned in their 4-H project within the last year. Project Showcase is similar to the Public Speaking Contest, but you may have a visual aid!



County Judging & Contest Advancement

Piggy Bank Pagent

The 4-H Piggy Bank competition is available to all 4-H members. Members create, build and design a piggy bank with a theme focused on saving money. Top 3 county piggy banks will advance to the online State Piggy Bank Pagent.







Poster Art Contest

All 4-H'ers can create a poster which promotes 4-H to others. There is a digital and regular poster option. Top 3 posters in the county will advance to the regional competition.





County Judging & Contest Advancement

Photography Contest

The 4-H Photography Contest is available to all 4-Her's. Top 10 photographs overall from both of the Junior High and Senior High categories combined will advance to the State Competition.







Public Speaking Contest

Open to all 4-H'ers, each grade will be their own division. There will be a school-wide contest. Winners will advance to the county-level competition. County winners in grades 4th-8th will move on to the sub-regional contest, while winners in grades 9th-12th will advance to the regional contest.

Rules and times vary based on grade. Contact the McNairy County 4-H Agent, Mikayla Gabbert, for more information at mikgabb@utk.edu or call 731-645-3598.







County Events

Chick Chain

4-H Chick Chain is a hands-on poultry project where 4-H members learn valuable life skills by raising baby chicks into healthy laying hens. Participants typically receive 1–2 day-old pullets (female chicks) and care for them over several months. Throughout the project, youth gain experience in animal care, responsibility, budgeting, and record-keeping.

The project finishes in a county show and auction, where participants exhibit their birds and may sell them to the public.













August

Enrollment for 4-H Club Year
Homeschool Meeting
Regional 4-H Fall Judging Day
FCS Skillathon & Consumer Decision
Making

Regional Dairy Show State 4-H Goat Expo State Dairy Judging

September

In-School Clubs
Homeschool Meeting
Regional Grill Masters
Regional Forestry Judging
Regional Sheep & Goat Expo
State 4-H Shooting Sports Invitational

October

In-School Clubs
Homeschool Meeting
Regional Land Judging
National 4-H Week
State 4-H Fall Judging Day
State Dairy Expo
State Sheep Expo

November

In-School Clubs
Homeschool Meeting
County Poster Contest
Regional Livestock Judging
All Star Fall Retreat

December

Holiday Break! Honor Club Applications Due

January

In-School Clubs
Homeschool Meeting
Chick Chain Sign Up
County Public Speaking
Regional Horse Bowl & Hippology
State Jr. Market Hog Show

4-H Calendar

February

In-School Clubs
Homeschool Meeting
Multi-County Public Speaking
Regional Public Speaking
Regional Poster Contest
Regional Meats Judging

March

In-School Clubs
Homeschool Meeting
Regional History Bowl
All Star Spring Retreat
TN 4-H Congress
Congress Readiness Day

April

In-School Clubs
Homeschool Meeting
County Photo Contest
Regional Horse Judging
Regional Project Showcase
Sr. High Portfolios Due

may

Regional Poultry Judging Regional Wildlife Judging

June & July

4-H Summer Camps
Regional Beef Expo
Regional & State Horse Show
State Livestock & Meats Judging
State Wildlife Judging
4-H Academic Conference
TN 4-H Round Up
Round Up Readiness Day

Judging Teams

Consumer Decision Making

Grades: 9th-12th Contest: August 23rd, 2025 Topics:

Best Shopping Practice Decision Making Skills

FCS Skillathon

Grades: 6th-12th Contest: August 23rd, 2025 Topics: Sewing Food & Nutrition

forestry

Interior Design

Grades: 4th-12th Contest: August 27th, 2025 Topics: Tree Identification Insect/Disease Prevention Compass & Pacing Tree Measurement

gnill Masters

Grades: 6th-12th Contest: September 6th, 2025 Topics: Grill Safety & Techniques Safe Food Handling

House Bowl and Hippology

Grades: 4th-12th Contest: January 17th, 2026 Topics: Care & Management Horse Industry Topics Nutrition, Tack, & Breeds

House Judging

Grades: 4th-12th Contest: April 2nd, 2026 Topics:

Evaluate Conformation & Performance

Land Judging

Grades: 6th-12th Contest: September 25th, 2025 Topics:

Evaluate Soil & Performance of Soil

Livestock Judging

Grades: 4th-12th Contest: November 6th, 2025 Topics:

Evaluate Structural Correctness Evaluate EPD's Rank Traits of Importance

Meat ID

Grades: 6th-12th Contest: February 19th, 2026 Topics: **Evaluate Meat Quality** Evaluate Retail and Wholesale Cuts

Poultry Judging Grades: 4th-12th

Contest: April 28th, 2026 Topics: **Judging Past Production Hens** Chicken Parts ID Egg Grading Broken Out Egg Grading **Processed Products** Carcass Quality

Wildlife Judging

Grades: 4th-12th Contest: May 13th, 2026 Topics: Wildlife Identification Skulls, Hides, & Calls Wildlife Management Practices

4-H Camping Opportunities

In. 4-H Camp

Grades: 4th-6th

June 22nd-26th

Lone Oaks Farm

Middleton, TN

Five-Day Resident Camp

Swimming, Shooting Sports, Hikes,
Woodworking, Archery, Crafts, Etc.

Target Smart

Grades: 5th-9th
May 25th-29th
Clyde Austin 4-H Center
Greenville, TN
Archery, Riflery, Shotgun Use,
Muzzleloading, & Outdoor Skills

O.W.J.S. Camp

Grades: 6th-10th May 26th-29th Land Between the Lakes Dover, TN Hike, Swim, Fish, Canoe, Campfires

Culinary U Camp

Grades: 8th-12th

July 8th-10th

UT Martin

Martin, TN

Knife Skills, Baking, Cooking, &

Cooking with Competitions

Jr. High 4-H Camp

Grades: 6th-8th
Lone Oaks
Middleton, TN
Five-Day Resident Camp
Swimming, Shooting Sports, Hikes,
Woodworking, Archery, Survivor
Challenges, Etc.

Electric Camp

Grades: 6th-8th
June 23rd-26th
University of Tennessee
Knoxville, TN
Energy, Energy Conservation, &
Electrical Safety

Line & Besign Camp

Grades: 6th-12th

July 6th-8th

UT Martin

Martin, TN

Discover Creativity, Develop Skills,

Sewing, & Design

for More Information

Contact the McNairy County
UT Extension Office
731-645-3598

















Anion 4-th





Junion 4-H Camp

















Tennessee 4-H Congress











Regional Wildlife
Judging

Calleigh Phillips Hyriot Representative









Initiation



Jenna McCullar Award Recipient 2025: Miller Roach

Bear Parents.

Congratulations! You now have an official McNairy County 4-H member in your family! We are excited to welcome your child to one of the most rewarding and dynamic youth organizations in the world.

4-H gives young people the opportunity to explore new interests while building valuable life skills such as sportsmanship, citizenship, and leadership. As the world's largest youth development program, 4-H is not only educational—it's also a lot of fun!

Behind every successful 4-H member is a supportive adult—someone who encourages, guides, and invests time in their child's growth. Your involvement plays a key role in your child's 4-H experience, and we truly appreciate your support.

Here are just a few ways you can help support your child and the McNairy County 4-H program:

- Assist with monthly contests, such as poster projects and public speaking
- Encourage your child to always do their best
- Serve as a 4-H Volunteer Leader
- Attend 4-H Camp as an Adult Leader
- Help train a 4-H Judging Team
- Volunteer at local and county 4-H events

We're looking forward to a fun and successful year ahead. Thank you for being part of the McNairy County 4–H family and for playing an important role in your child's development through 4–H. If you have any questions, please feel free to contact us. You can call us at 731–645–3598, email Mikayla Gabbert at mikgabb@utk.edu, or visit our office at 703 Industrial Park Drive, Selmer, TN 38375

Sincerely.

Mikayla Gabbert

McNairy County 4-H Agent